



MARINE DRIVE ACADEMY NEWS

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March is Nutrition Month: Did you know? March is Nutrition Month! This year's theme, Nourish to Flourish, highlights the important role that food has on our physical, mental and emotional health and well-being.

Whether it's planting an indoor or outdoor garden, cooking together with family, or enjoying a meal with friends, food provides opportunities for building social connections that can support improved feelings of belonging and overall well-being. This is a great time to explore and learn about food. An important part of this is food literacy, which includes having the knowledge and skills to grow, choose, prepare, and talk about food.

Students walking after school: For the safety of our students we asked any students who are walking after school to please wait in the cafeteria until buses leave.

P-12 Parent-Teacher Interviews will be held on April 30th from 12:30-2:30 and 6:00-8:00. Please have a list of teachers you would like to see before calling to book your appointments. Appointments will be booked from **April 14th-April 29th 10:00AM-3:00PM.**

Interviews will be a maximum of 10 minutes, if you require more time, please, contact the subject or classroom teacher and book a time other than Parent-Teacher Day.

Graduation and Post-Secondary Updates from Ms. Walsh

Grade 12 students and parents, the final semester of high school has started, and you are one step closer to graduation. It's an exciting time with lots of news coming your way from the post-secondary institutions to which you have applied. As they do not send your news to the school, please remember to keep me updated. You can email twalsh@hrce.ca, call 902-885-2777 ext.4, or drop by my office.

- If you have been accepted or have news about your application, please let me know your status, the school and the program.
- If you have made a decision about where you will be attending, please let me know the school and the program.
- Don't forget that some schools have separate applications for scholarships, bursaries and awards. Check the websites of the schools to which you have applied.
- If you receive an award, scholarship or bursary and would like to have it included in the graduation program, please let me know:
 - the name of the award
 - the school or organization giving you the award
 - the amount of the award.

Award, scholarship, and bursary applications are updated on my website as I receive them. Please check <https://sites.google.com/a/gnspes.ca/tracy-walsh/> regularly and check the MDA Grads Google Classroom to stay up to date.

HRCE Finance Dept will issue a T4 for any bursaries students receive at graduation totaling **over \$500**. This is a requirement from Canada Revenue Agency, therefore, graduating students who receive bursaries totaling **over \$500** at graduation are asked to contact Mrs. Levy with their Social Insurance Number.

School Bus Safety Reminder: More than 33,000 HRCE students take the school bus. Making sure they have a safe and happy trip to and from school is very important to us. Please talk with your child about school bus safety on a regular basis. Students should tell their bus driver and/or school principal if they have any problems.

Here are some important safety tips:

Bus Stop Safety

- Be on time for the bus. Don't run to or from the bus.
- Stand back when the bus arrives and give everyone space. Get on or off the bus one at a time.
- Always cross the road in front of the bus. Walk to a spot where you can see the driver. When they signal it's safe, walk to the middle of the road. STOP, LOOK, and LISTEN, then cross when it's safe.
- Never crawl under the bus or cross the road from behind it.

School Bus Safety

- Respect and listen to the driver. Their job is to focus on the road, so avoid distracting them.
- Respect others and your space.
- Keep noise levels down.
- Stay seated while the bus is moving.
- Keep your arms, legs, and head inside the bus.
- Do not throw anything inside or outside the bus.
- Keep the aisle clear.

Did you know: It's illegal for drivers to pass a school bus when it has stopped with its red lights flashing. Bus drivers will activate their amber lights 150m before they stop as a warning to motorists.

More information about HRCE student transportation and school bus safety can be found [here](#).

Head Lice Prevention Information: The Department of Education and Early Childhood Development (EECD), has committed to following the recommendations of health care professionals and supporting school communities in the treatment and prevention of head lice.

The department's focus on the treatment and prevention of head lice is an effort to support student attendance and full participation at school. In accordance with these principles and healthcare standards, students with head

lice should be treated at home and continue to attend school as usual. The confidentiality, privacy, dignity, and best interests of students and their families will be respected at all times.

“No-nit” or “no head lice” policies that keep children away from school are not effective. Head lice are common among students: they do not spread disease and cases of head lice are often misdiagnosed.

Additional information on how to prevent, find, and treat head lice is available at <https://www.nshealth.ca/sites/default/files/documents/pamphlets/07135.pdf>

Volunteering

HRCE values the many roles that volunteers play in our schools.

Parents, guardians, family members and community members who give of their time provide students with enriched learning experiences. As a volunteer, you will also discover the many rewards of helping students achieve their personal best.

We recognize our responsibility to ensure that all students attending our schools are protected by taking reasonable precautions to screen volunteers who may be working with students without direct supervision of staff. In accordance with Nova Scotia's Provincial **Volunteer Background Check Policy**, prior to volunteering with the Halifax Regional Centre for Education, all volunteers will provide:

1. A completed Child Abuse Register search, which can be found **here**
2. A certified and true copy of a Criminal Records Check with Vulnerable Sector Check available **here**, from your local Police or RCMP detachment or through online organizations endorsed by Nova Scotia law enforcement agencies

Please note: the Child Abuse Register Search and Criminal Records Check must be issued in the three months preceding volunteering and updated every three years.

Interested in helping out? We would love to have you!

Please connect with the School Principal.

For more information, please read our **Volunteer Handbook** (https://www.hrce.ca/sites/default/files/2023-11/volunteer_handbook-jan2015.pdf)

Community Submissions



ENGAGEMENT SESSION
FOR EVERYONE 15 AND UP

ARE YOU INTERESTED

IN BECOMING A COACH?







March 5th, 2025
22756 Highway 7, REC
program room
6:30-8:00pm

TO REGISTER EMAIL
MMCDONALD@SPORTNOVASCOTIA.CA

See you there!

**sport nova scotia**

Dates to Remember

<i>March</i>	<i>April</i>	<i>May</i>	<i>June</i>
			
March 7 th – Assessment & Evaluation Day P-12 NO CLASSES for PP-12	April 3 rd – PD Day NO CLASSES for PP-12	May 11 th 	June 11 th – Spring Concert at 6pm
March 8 th - International Women's Day	April 18 th – Good Friday NO CLASSES	May 15 th – Black Excellence Day School Activity – more info to follow	June 15 th 
March 10 th -14 th – MARCH BREAK	April 21 st – Easter Monday NO CLASSES	May 19th – Victoria Day – NO CLASSES	June 19-25 – Exams
March 21 st - World Down Syndrome Day International Day for the Elimination of Racial Discrimination	April 30 th – PD Day (am) Parent Teacher (pm) 12:30-2:30 & 6:00-8:00 NO CLASSES for PP-12		June 21 st – National Indigenous Peoples Day
March 24 th – Gr. 7 Immunization			June 24 th – Prom from 7:00-9:00pm
March 31 st - International Transgender Day of Visibility			June 27 th – Graduation at 9:30AM Assessment & Evaluation Day – NO CLASSES FOR PP-12 STUDENTS
			June 30th Last Day of School 😊